

ADJUSTABLE ARMREST

ABSTRACT OF THE DISCLOSURE

An adjustable armrest system for use in a vehicle includes an armrest having a support portion which is adjustably connected to the vehicle body. The support portion is pivotally mounted to the vehicle body for movement between a first position in which the support portion is generally horizontal and presents itself for use by a vehicle occupant and a second position in which the support portion is stowed in a generally vertical position so as to provide more space to the vehicle occupant. Preferably, the armrest is flush with the vehicle body when stowed in the second position. The armrest may be power-operated by a power mechanism including a motor and at least one linkage.